

# Drumming Manual – Book One.

Levels 1 to 9.

Written by Simon Grant







### <u>Drumming Manual – Book One</u> <u>Introduction</u>

To make the most of this book you should follow it from the beginning and complete all the levels. There are videos for all the exercises which can be found on the Preston Lodge High School Pipe Band YouTube channel.



- To find the channel go to YouTube and search for 'Preston Lodge Drum Corps'.
- You should then find the Preston Lodge PL logo with the channel title.
- Click on this to enter the YouTube channel.
- Once you're on the channel you need to click on 'Playlists'. This will take you to all the different playlists on the YouTube channel.
- Select the playlist titled 'SSPDT Drumming Manual Book One'.
- You've done it! Now just select which exercise you want to play along to and go for it.

Your tutor will sign off each page when complete and sign off each level when also complete. You will receive a certificate when you complete each level and a special prize when you complete the book!

Have fun guys!!



### <u>How to Hold the Sticks</u>

#### <u>Left Hand</u>



- Imagine you have a can of juice in your left hand (without holding the stick)
- 2. Place stick into your hand with the 'butt' of the stick coming away from your hand.
- Make sure your ring finger (3<sup>rd</sup> finger) is UNDERNEATH the stick sitting on the nail.
- 4. Place your thumb on top of the stick so your thumb print is resting softly on top.
- 5. Relax your top 2 fingers and have them resting together but NOT over the stick.
- 6. Make sure EVERYTHING is loose and relaxed!

#### <u>Right Hand</u>

- 1. Pick up the stick with your right fore finger and thumb and hold it in a 'pinch' style hold.
- 2. Lift your wrist towards you so you the stick is straight up and down vertically.
- The place all the other fingers underneath the stick so each finger print is sitting directly underneath the stick. Your fingers should NOT be poking out of the side.
- Make sure the 'butt' of the stick is sitting against the thumb muscles at the bottom of the underneath of your thumb.
- 5. Then pretend to be Harry Potter by casting a spell, shouting 'FLABAM' as you do so!
- 6. Keep your arm straight and point at whoever or whatever you cast the spell on and make sure the stick is in a perfect straight line through your arm.
- 7. Bring your arm back to a playing position whilst keeping your straight line.
- 8. Make sure EVERYTHING is loose and relaxed!



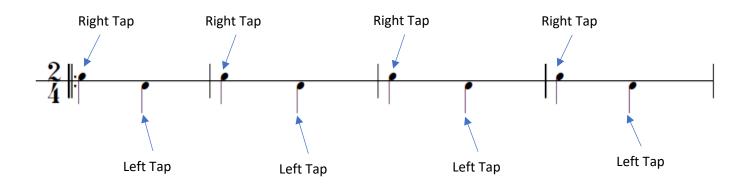
Make sure you come back to this page if you have forgotten how to hold the sticks or if it looks ad feels strange to play. I can't stress enough the importance of a solid grip and technique when playing. At the early stages we're trying build strength in your hands. If you're holding the sticks wrong, then the wrong muscles will get stronger and you won't improve. Follow the YouTube tutorial called 'How to hold your sticks'.

### **Basic Music Reading**



All the exercises in this book are written in pipe band snare drumming format. We will cover more technical aspects of reading and writing music but for not the basics is all you will need. We read music like a book, from the left of the page to the right. The line running through the middle is what keeps us correct, telling us either right hand or left hand.

→ When a not is <u>ABOVE</u> the line it means the tap or stroke is played on the <u>RIGHT</u> When a not is <u>BELOW</u> the line it means the tap or stroke is played on the <u>LEFT</u>



It's as easy as that for now. If you are unsure or lost always try to refer to this page. We will cover more in-depth music reading and writing at a further stage.

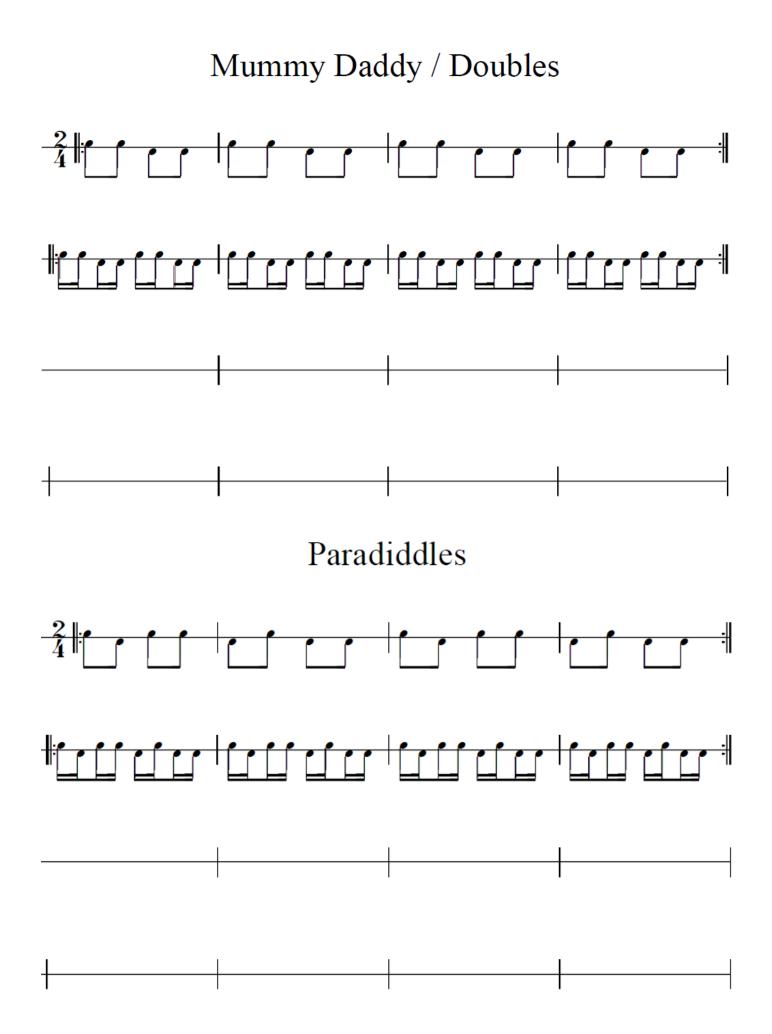
# <u>Level One</u>



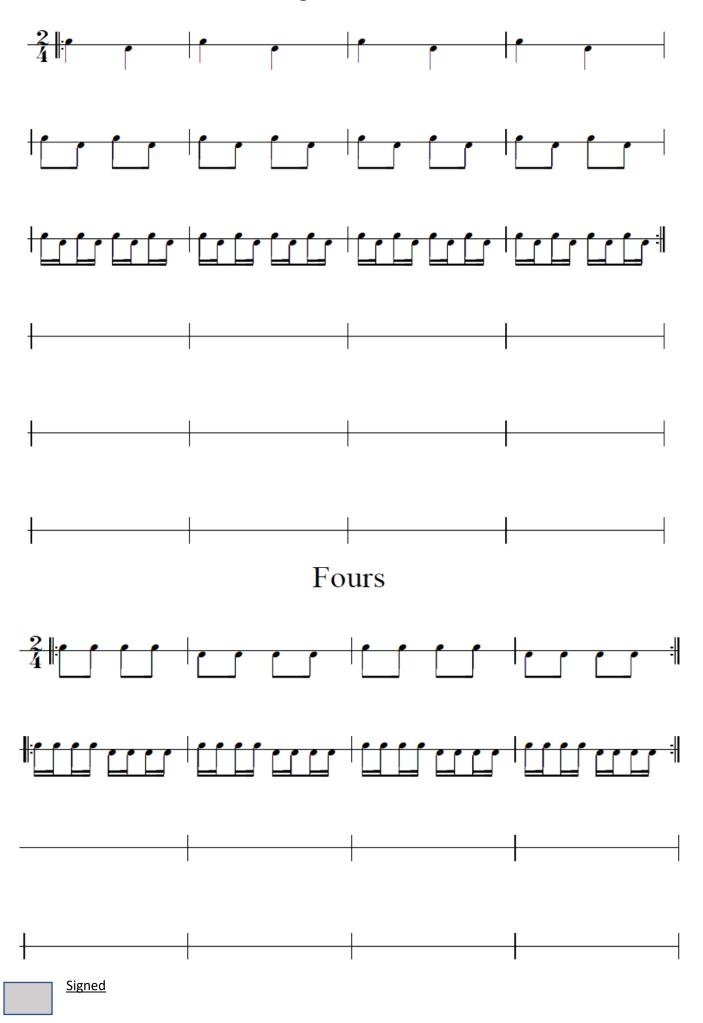
- Mummy Daddy / Doubles
- Paradiddles
- Single Strokes
- Fours
- The Beast



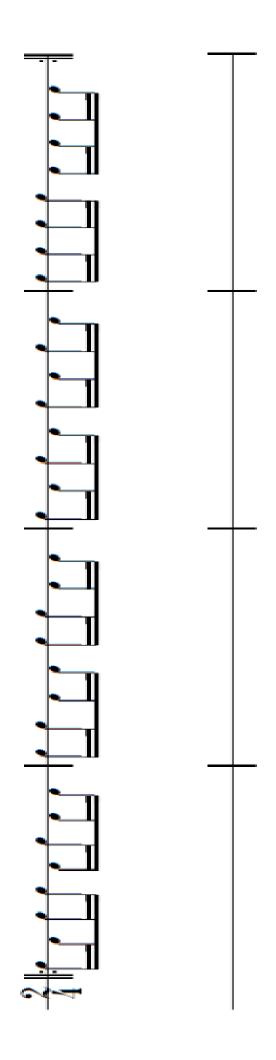
Date Completed:



Single Strokes







<u>Signed</u>

### <u>Level Two</u>

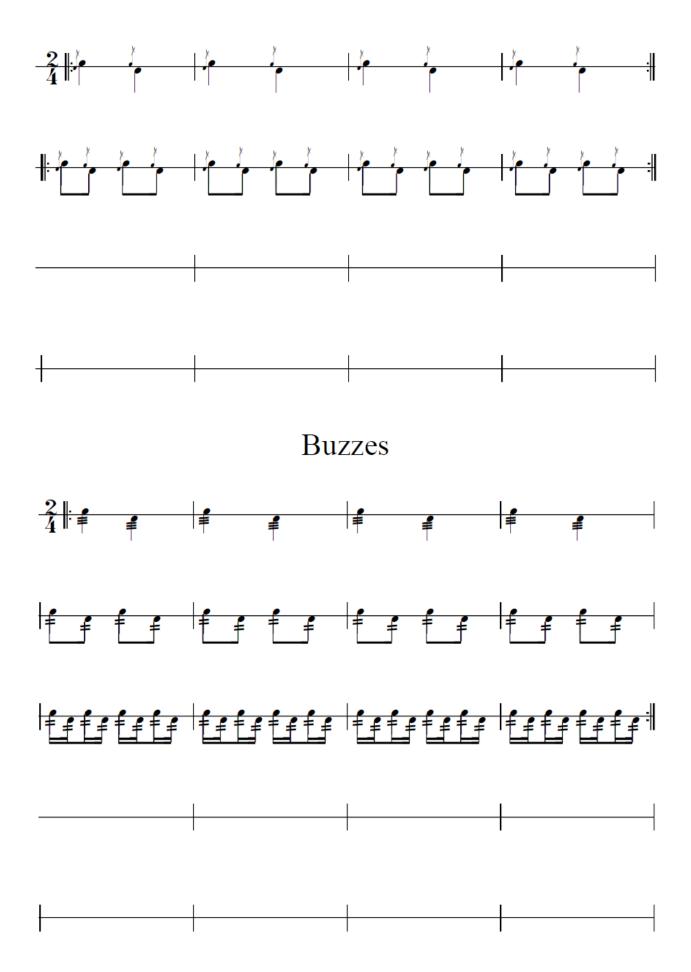


- Flams
- Buzzes
- 5, 7, 9 and 13 Stroke Rolls
- 3 Pace Rolls
- Massed Band 2/4 & 4/4
- Compose Your Own Tune

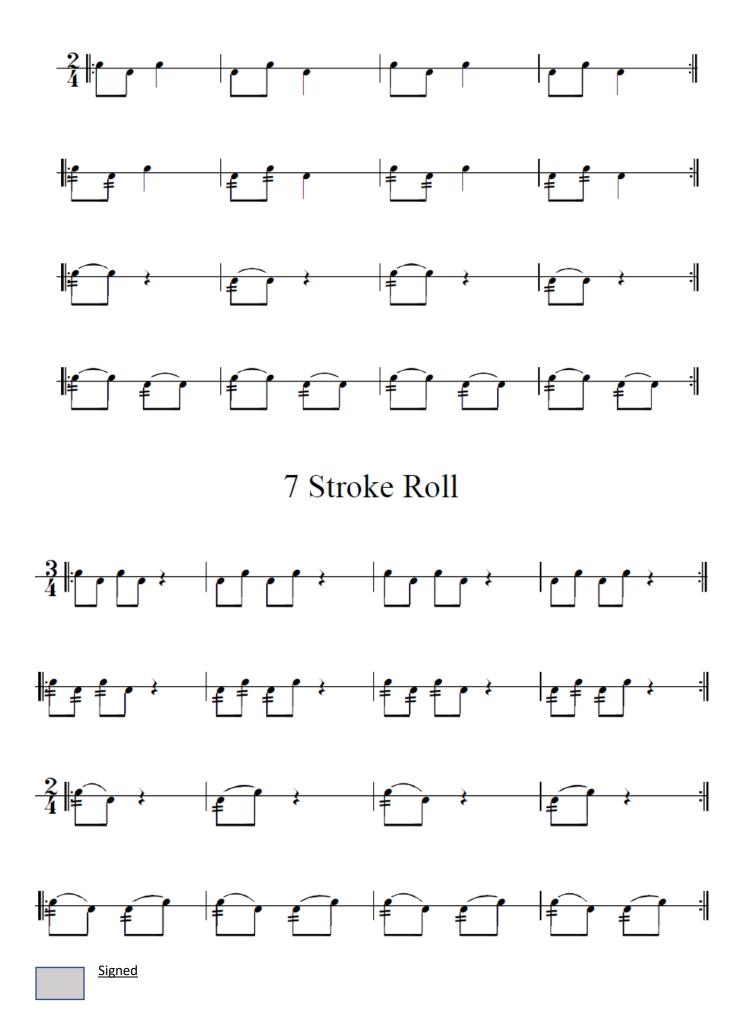


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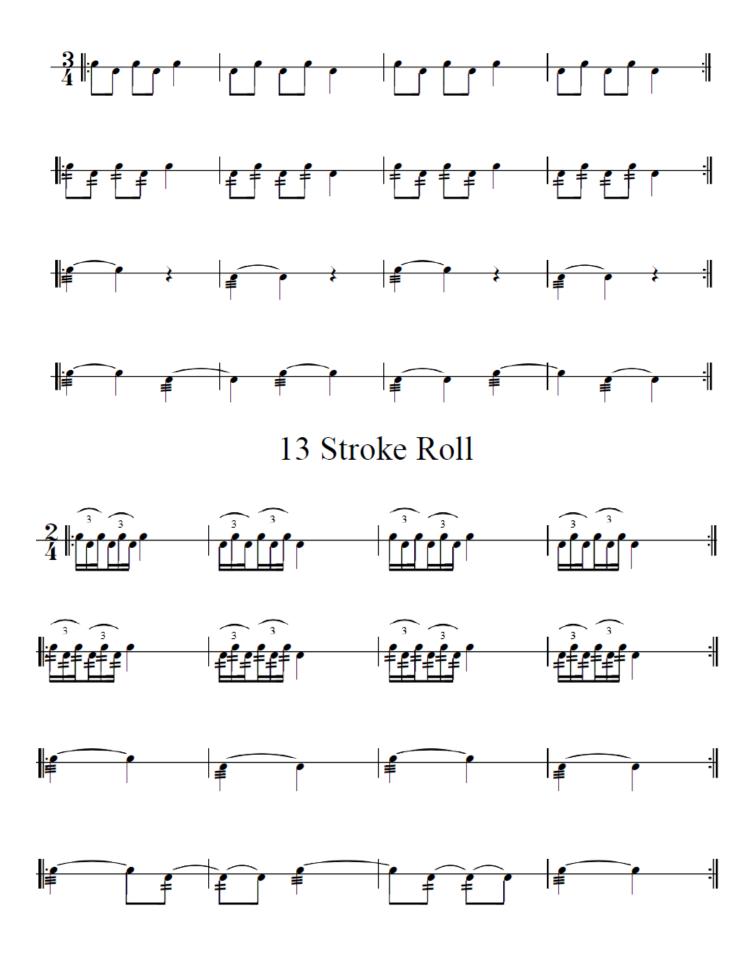
#### Flams

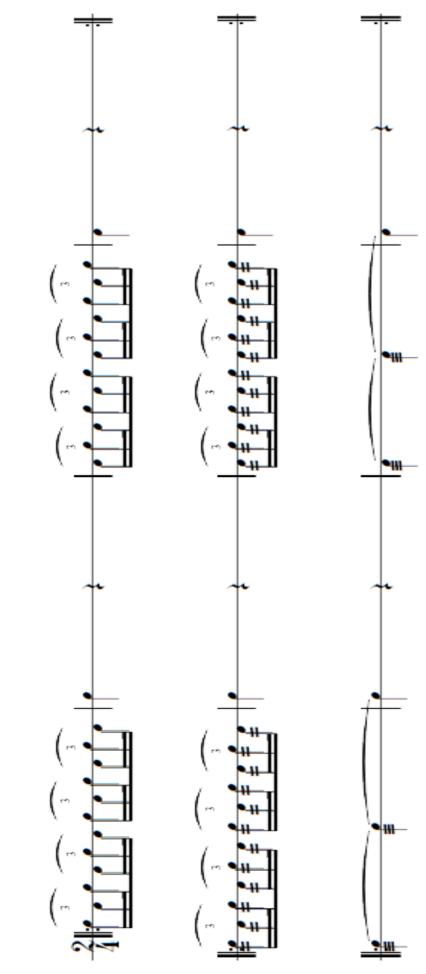


5 Stroke Roll

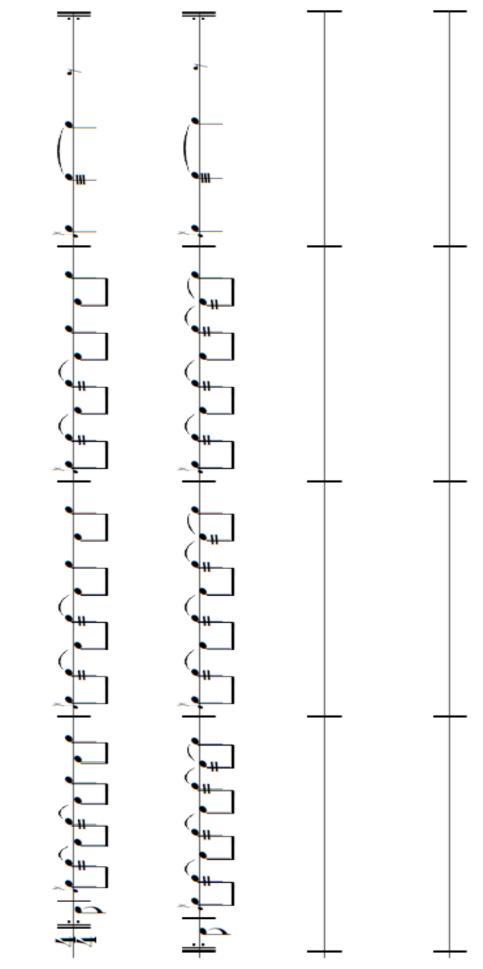


#### 9 Stroke Roll





3 Pace Rolls





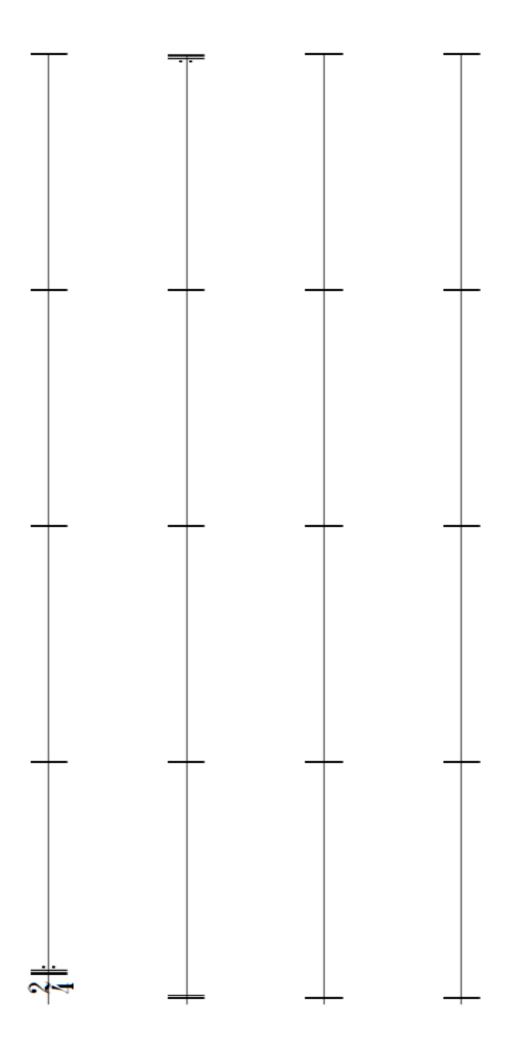
### Level Three



• Compose Your Own Tune



Date Completed:



<u>Signed</u>

### Level Four

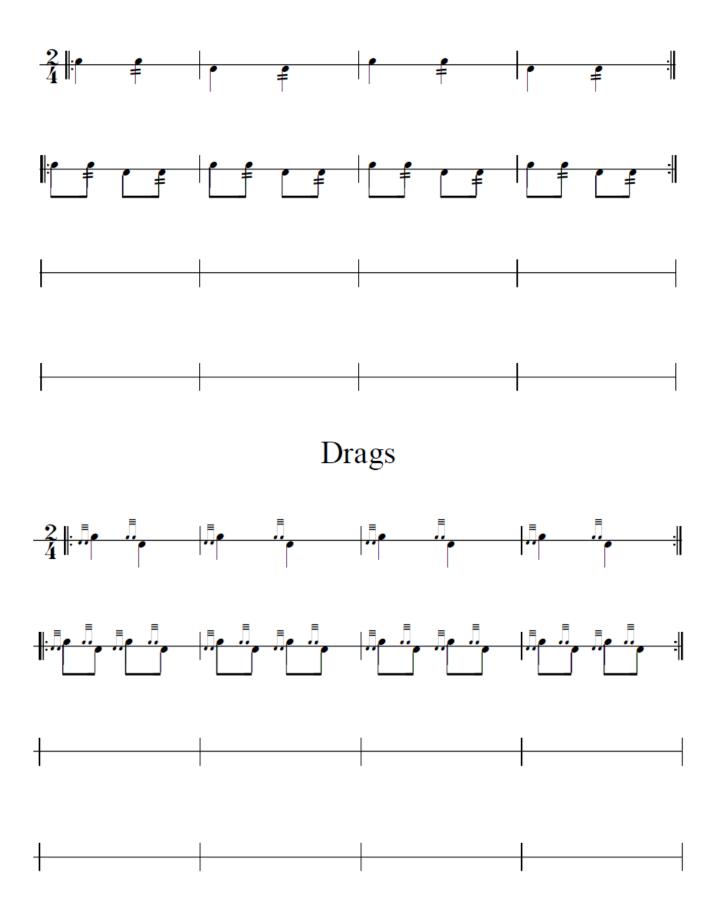


- Drag Buzzes
- Drags
- Triplets
- 3/4 March

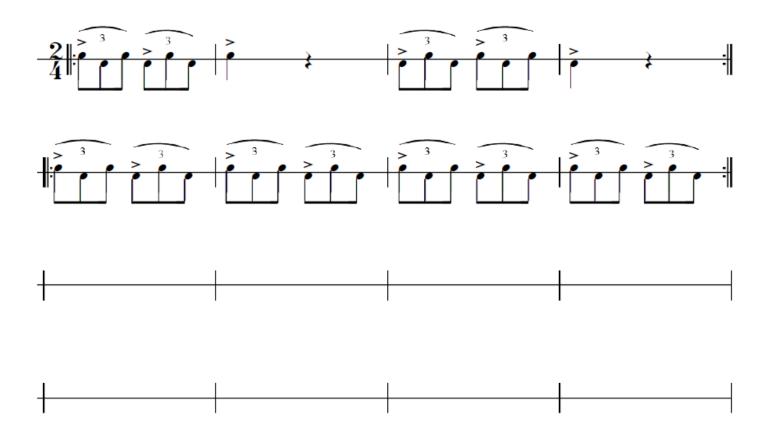


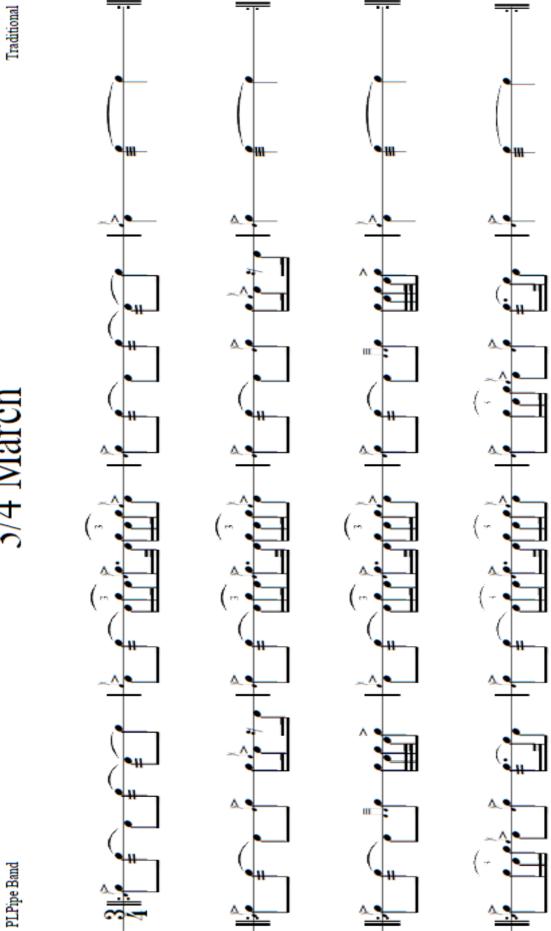
Date Completed:

Drag Buzzes



### Triplets





3/4 March

### Level Five



- Skye Boat Song
- Scotland the Brave
- Playing Unisons



Date Completed:





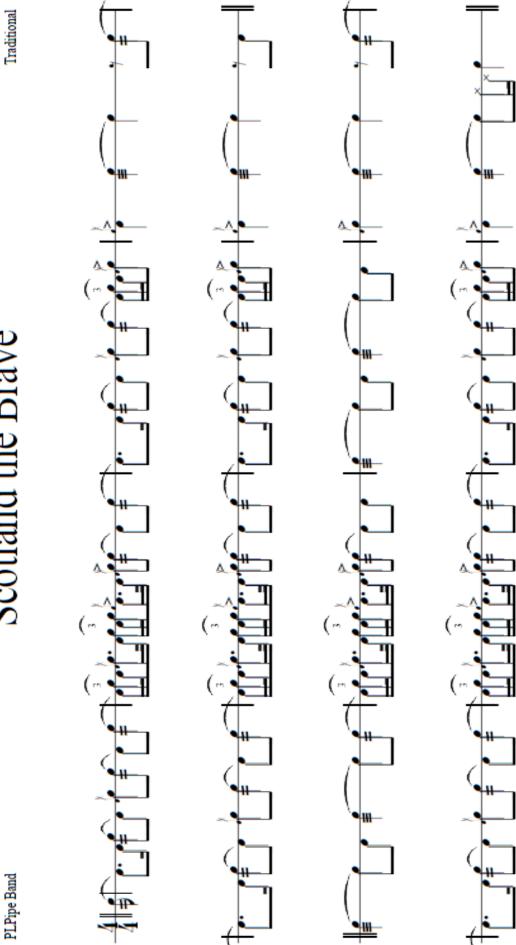








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Scotland the Brave

PLPipe Band

## Level Six

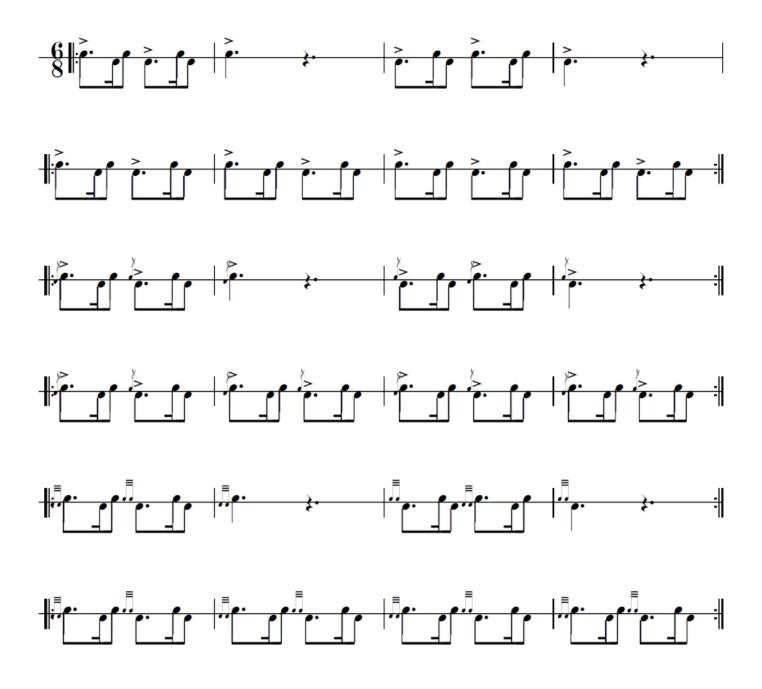


- Dot and Cut Triplets
- 6/8 March

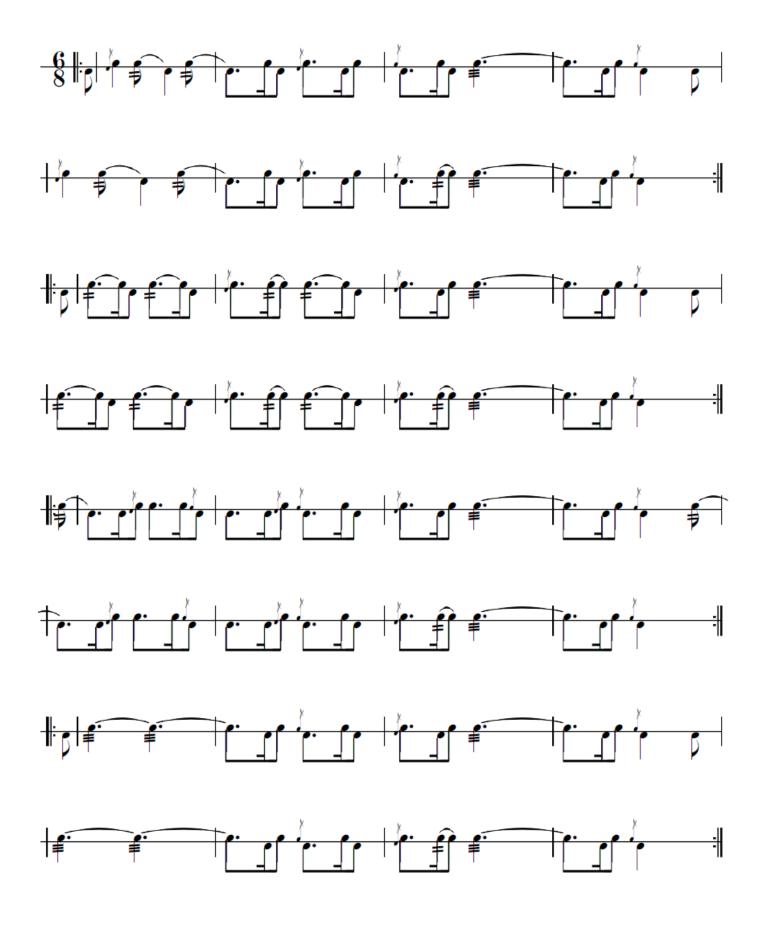


Date Completed:

Dot and Cut Triplets



### 6/8 March



<u>Signed</u>

### Level Seven

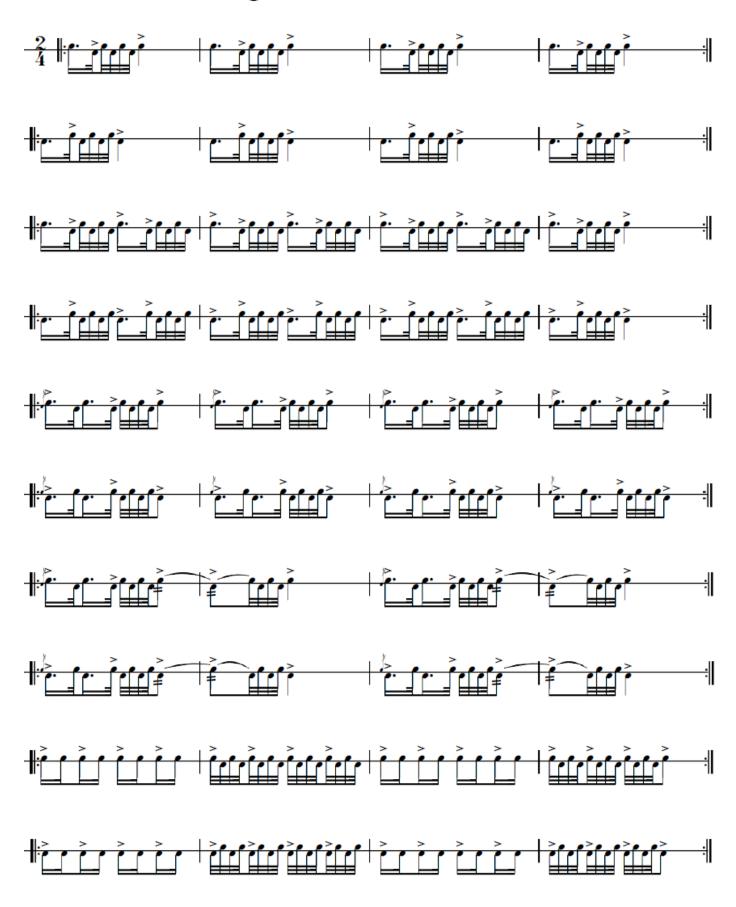


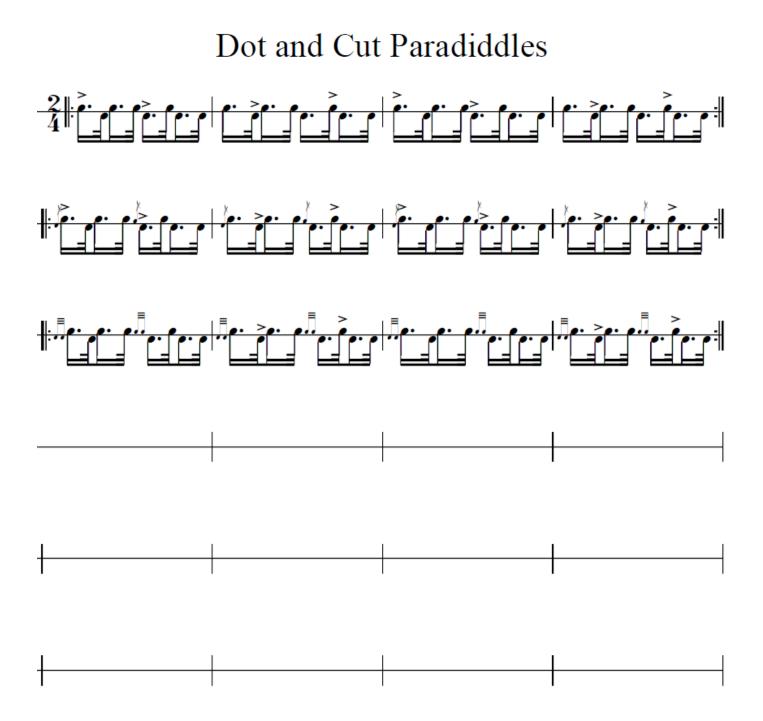
- Single Strokes Exercises
- Dot and Cut Paradiddles
- Accented Rolls



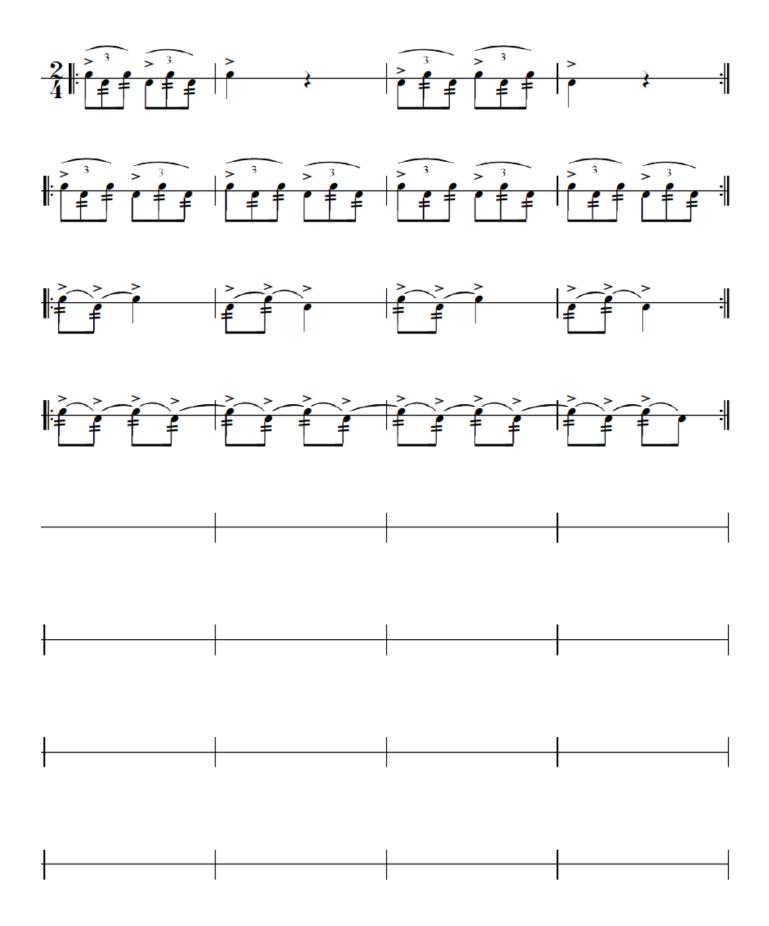
Date Completed:

Single Strokes Exercises





### Accented Rolls



# Level Eight



- Corriechollies
- Teribus

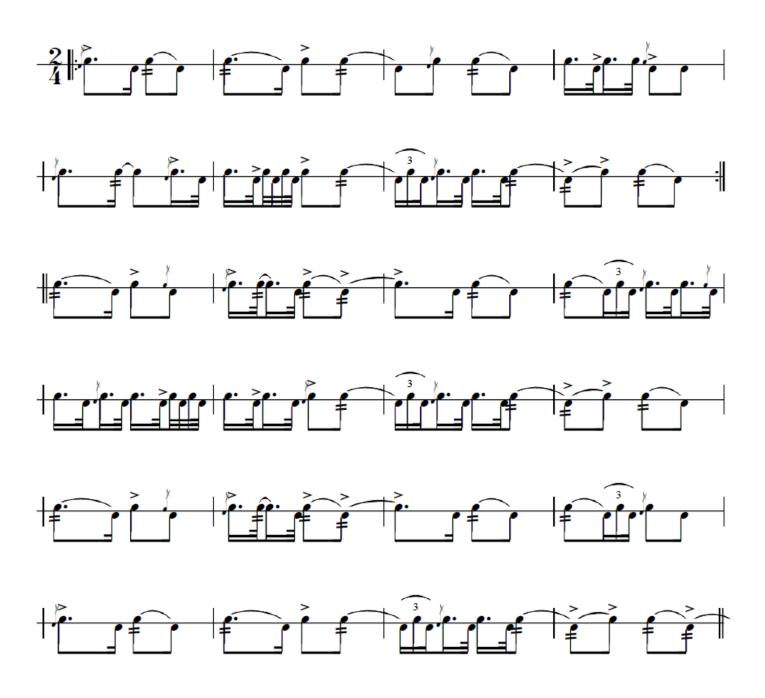


Date Completed:

### Corriechollies

PL Development Band

Simon Grant



### Teribus



## Level Nine



- The High Road to Gairloch
- Flam and Drag Singles
- Play all of the Tunes in this book



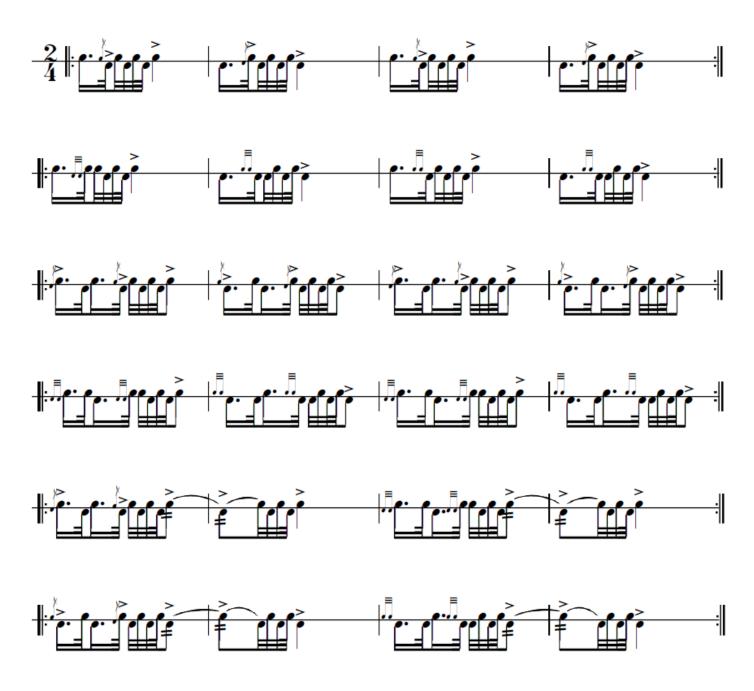
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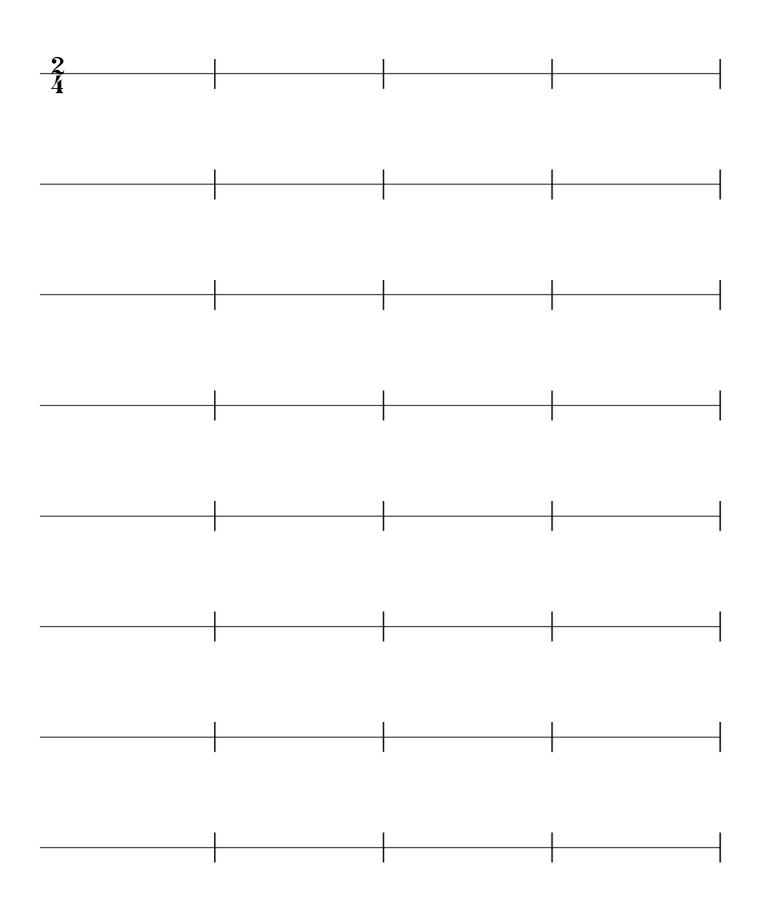
#### PL Development Band

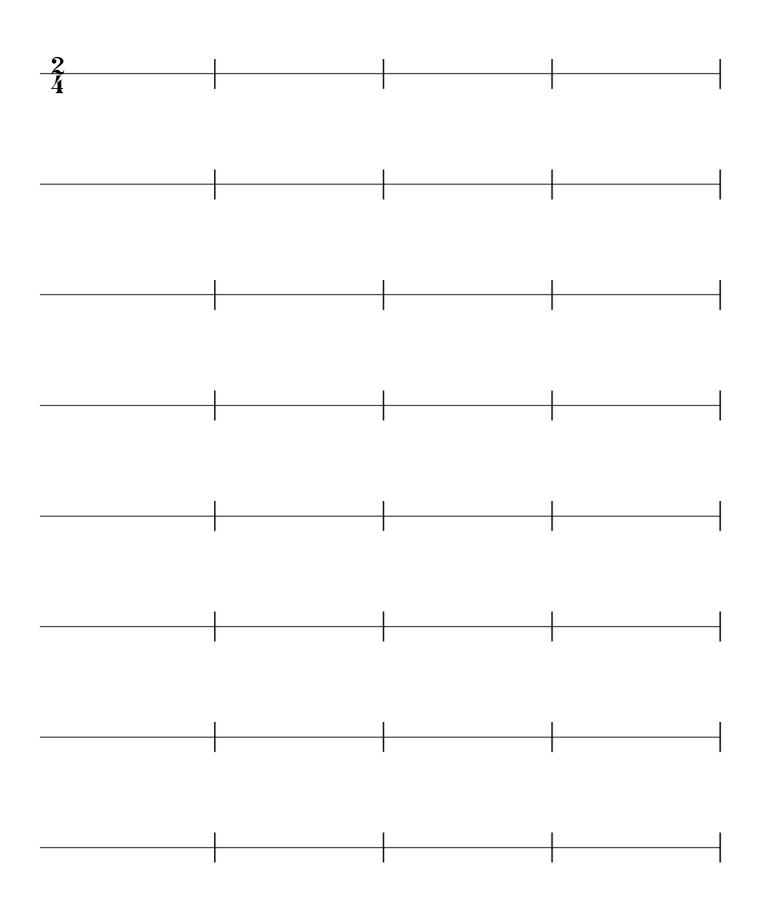
Simon Grant



Flam and Drag Singles







<u>Level One</u>
<u>Level Two</u>
<u>Level Three</u>
<u>Level Four</u>
Level Five
Level Six
Level Seven

<u>Level Eight</u> Level Nine

